

Girls 9th-12th Grade

SOUTH COUNTY BASKETBALL LEAGUE

SF Lund- David Lund 801-462-6352	SV Geeks in Sneeks- Jocelyn Blakey 801-602-1847
SF Oyler- Lori Oyler 801-471-9554	SV Lady Ballers- Brooke Simpson 801-369-4258
SF Swenson- Scott Swenson 801-722-8385	SV Rampage- Gary Rex 801-400-5445
SF Tilton- Matt Tilton 801-616-9762	P Air Ballerz- Amelia Spencer 801-404-8694
S Sun- Shelly Neria 801-836-8196	P Revengateers- Holly Mills 801-310-4830
S Rainmakers- Nate Hughes 801-830-2965	M Ron Swansons- Terryl Swanson 801-368-6189
S Bluebirds- Evan Micklesen 801-376-5361	

1st team listed will wear the light side of the jersey!

Saturday, December 8th	Saturday, December 15th	Saturday, January 5th
SV 12:30 PM SF Lund vs SV Rampage Salem 2:00 PM SF Swenson vs SV GeekSneek 3:00 PM S Sun vs S Rainmakers SF 3:00 PM SF Oyler vs SV Lady Ballerz 4:00 PM SF Tilton vs S Bluebirds MMHS Monday, December 10th 6:00 PM M Swansons vs P Reveng	Payson 9:00 AM P Air Ballers vs SV Rampage SV 12:30 PM M Swansons vs SV Lady Ballerz 1:30 PM SF Tilton vs S Sun Salem 2:00 PM SF Oyler vs S Bluebirds SF 3:00 PM SF Lund vs SV GeekSneek 4:00 PM SF Swenson vs S Rainmakers	Payson 9:00 AM P Reveng vs P Air Ballers SV 12:30 PM SV GeekSneek vs SF Oyler Salem 2:00 PM S Rainmakers vs SF Tilton 3:00 PM SV Rampage vs M Swansons SF 3:00 PM S Bluebirds vs SF Swenson 4:00 PM SF Lund vs SV Lady Ballerz
Saturday, January 12th	Saturday, January 19th	Saturday, January 26th
Payson 9:00 AM P Air Ballers vs SV GeekSneek SV 12:30 PM P Reveng vs SV Lady Ballerz 1:30 PM SF Oyler vs S Sun SF 3:00 PM SF Lund vs S Rainmakers 4:00 PM SF Swenson vs SF Tilton MMHS Monday, January 14th 6:00 PM M Swansons vs S Bluebirds	Payson 9:00 AM SV Rampage vs P Reveng SV 12:30 PM SV GeekSneek vs M Swansons Salem 2:00 PM S Sun vs SF Swenson 3:00 PM S Bluebirds vs SF Lund SF 3:00 PM S Rainmakers vs SF Oyler 4:00 PM SV Lady Ballerz vs P Air Ballers	Payson 9:00 AM P Reveng vs S Bluebirds SV 12:30 PM SV Rampage vs SV GeekSneek 1:30 PM P Air Ballers vs S Rainmakers Salem 2:00 PM M Swansons vs S Sun SF 3:00 PM SF Lund vs SF Tilton 4:00 PM SF Oyler vs SF Swenson
Saturday, February 2nd	Saturday, February 9th	Monday, February 11th
Payson 9:00 AM S Bluebirds vs P Air Ballers SV 12:30 PM SV GeekSneek vs P Reveng 1:30 PM SV Lady Ballerz vs SV Rampage Salem 2:00 PM S Rainmakers vs M Swansons SF 3:00 PM S Sun vs SF Lund 4:00 PM SF Tilton vs SF Oyler	Payson 9:00 AM P Reveng vs S Sun Salem 2:00 PM SV Lady Ballerz vs S Bluebirds 3:00 PM SV Rampage vs S Rainmakers 4:00 PM M Swansons vs SF Swenson SF 3:00 PM P Air Ballers vs SF Tilton 4:00 PM SF Lund vs SF Oyler	SV G-Wing SVHS 9:00 PM SV GeekSneek vs SV Lady Ballerz Salem SJH-West 6:00 PM P Air Ballers vs S Sun SF DFJHS A GYM 6:00 PM SV Rampage vs SF Tilton 7:00 PM P Reveng vs SF Swenson BYE MATCH UP GAMES POST SEASON TBA

RULES AND REGULATIONS

1. Coaches are expected to balance playing time while working to involve all players in the game.
2. Each player should play at least 18 minutes per game.
3. Any style of defense may be used.
4. Full court press may be used at any point in the game. **However if one team is leading by 10 points or more; they may not press and must wait until the ball moves across half court.**
5. Players not in uniform (jersey provided by the city) will not be allowed to play.
6. Players may not wear any jewelry.
7. Any player that receives a conduct related technical foul the following penalty will be enforced.
 - a) First offense player must sit out for 18 minutes.
 - b) Second offense player must sit out an additional 36 minutes, and will be suspended from league until such player meets with Recreation Director.
8. One on One will be shot on 7th team foul; two shots will be given on 10th team foul per half. Players will foul out on 5th personal foul. Technical fouls will be two shots and the ball.

Youth Basketball Game Time

Game time will consist of two 18 min halves with the clock **stopping** for time-outs, free-throws and last two minutes of the half for any violation. Teams will get two time outs per half no carry over.

If the score is tied at the end of regulation time, three minute overtime will be played. If the score is still tied at the end of the overtime, Teams will play sudden death, where the first team to score is the winner.

Locations

Payson- Payson Jr. High North Gym 1025 South Highway 198, Payson

Salem- Salem Jr. High West Gym 598 North Main St., Salem

Spanish Fork- Spanish Fork High School North "D" Gym 99 North 300 West, Spanish Fork

Spanish Fork- Diamond Fork Jr. High School A GYM 50 North 900 East, Spanish Fork- 2/11 ONLY

Springville- Cherry Creek Elementary South Gym 484 South 200 East, Springville

Mapleton-Maple Mountain High Main Gym 51 North Spanish Fork Parkway, Spanish Fork

