

# **COVID- 19 Guidelines**

**DISCLAIMER:** Participants, parents, family, and spectators engaging in Soccer & Flag Football activities related to Soccer and Flag Football do so with knowledge of the risk and potential exposure involved and agree to accept any and all inherent risks to their personal health.

In order to have a safe and fun season we are asking all coaches, players, and spectators to cooperate with the State issued COVID-19 safety measures. Please read through and adhere to the following:

- **Parents/guardians need to symptom check players before practices and games. If anyone in the family is sick, please stay home!**
- **All fans, please sit on the same side of the field that your team occupies. Please spread out and physically distance from other family groups. When possible, limit how many people your family brings to the games. Wearing masks is recommended. Encourage high risk individuals to stay home.**
- **Provide own water, hand sanitizer, masks, etc. Wash hands and use sanitizer frequently.**
- **Do not share water bottles.**
- **Coaches and players are recommended to wear masks when on the sidelines or during a team huddle.**
- **Equipment should be sanitized in between use.**
- **When your team is finished, please exit the field immediately so we can maintain safe physical distancing between games and start the next games on time with safe social distancing.**
- **Sanitizer will be available for shared equipment. Players and Coaches will be responsible for sanitizing team equipment.**
- **Teams give a cheer and a wave to the other team at the end of the game in place of high fives!**



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